

# HOW TO MAKE CANNABIS SALVE AT HOME

Salves are herbal infused topicals used for exterior skin application. One of the main properties of cannabis salve is that it is an anti-inflammatory.

Cannabis salves are used for arthritis, muscle pain, psoriasis, eczema, sunburn, bee stings, scar reduction, and an everyday skin moisturizer.

THC topical salves will not cause THC psychoactive side effects.

## Instructions:

1. Preheat oven to 240 degrees.
2. Heat solid coconut oil in oven until it's liquid.
3. Pour 7 oz of coconut oil into 1 pint mason jar.
4. Add 1.5 oz of beeswax and 4 grams of keif into pint mason jar.
5. Once oven reaches 240 degrees, place the mason jar in cast iron pan (or pizza stone) and bake for 75 minutes.
6. Stir every 15 minutes.
7. After the 75 minutes, place pan and jar on stove top.
8. Place second mason jar into the pan and strain the keif from the first mason jar into the second using the cheese cloth and rubber band on the second jar.
9. Once keif is strained, place the second mason jar and pan back into the oven for 15 minutes.
10. Prepare 1 or 2 oz glass salve jars by lining them up on stove or counter top by taking lids off.
11. Add essential oils (e.g., lavender, arnica, clary sage, or eucalyptus) to jars if you choose to add them to the recipe.
12. Take mason jar out of the oven, stir, and pour liquid into each salve jar.
13. Stir liquid in salve jars to mix the essential oils into the liquid salve. Do this immediately after pouring the liquid salve into the jars.
14. Set salve jars into pan on top of stove and cool at room temperature.
15. Once solid, they are ready. 100mgs per oz of salve.